XIV Finnish-Austrian Orthopaedic Trauma Meeting
January 20 – 27, 2007
Hotel Cervosa, Serfaus, Austria

Program
Jan Lindahl, MD
Gerolf Peicha, MD

Faculty:

Ville Alanen, MD                          Helsinki, Finland
Hans Clement, MD                          Graz, Austria
Jussi Elo, MD                             Tampere, Finland
Wolfgang Grechenig, MD                    Graz, Austria
Jyrki Halinen, MD                         Espoo, Finland
Jouni Heikkilä, MD                        Turku, Finland
Harri Heliö, MD                           Helsinki, Finland
Antti Helminen, MD                        Helsinki, Finland
Martti Hirn, MD                           Tampere, Finland
Eero Hirvensalo, MD                       Helsinki, Finland
Tapio Kallio, MD                          Helsinki, Finland
Juha Kalske, MD                           Espoo, Finland
Heikki-Jussi Laine, MD                    Tampere, Finland
Jan Lindahl, MD                           Helsinki, Finland
Mikko Manninen, MD                        Helsinki, Finland
Marko Neva, MD                             Tampere, Finland
Gerolf Peicha, MD                         Graz, Austria
Leena Raudasoja, MD                       Helsinki, Finland
Ilkka Tulikoura, MD                       Helsinki, Finland
Jarkko Vasenius, MD                       Helsinki, Finland
Martin Weckman, MD                        Espoo, Finland

Finnish Orthopaedic Association
Finnish Trauma Association
XIV Finnish-Austrian Orthopaedic Trauma Meeting
January 20 – 27, 2007
Hotel Cervosa, Serfaus, Austria

Program

Sunday, January 21, 2007

12.00 – 18.00     Registration

18.30 – 19.00     Welcome – Juha Kalske, President of the Organizing Committee
                  Cocktail

19.00     Dinner

Monday, January 22, 2007

07.30     Breakfast

SESSION I – Knee and leg
Chair: Jan Lindahl (Fin) and Gerolf Peicha (A)

08.30     Range of motion and quadriceps muscle power after the treatment of acute combined
          ACL and grade III MCL injuries. A Prospective randomized study of 47 patients
          Jyrki Halinen¹, MD, Jan Lindahl², MD, Eero Hirvensalo², MD*
          ¹Jorvi Hospital, Finland and ²Helsinki University Central Hospital, Finland

08.50     Standard vs. locking plates in the treatment of type B tibial plateau fractures
          Antti Helminen, MD, Jan Lindahl, MD, Eero Hirvensalo, MD
          Helsinki University Central Hospital, Finland

09.15     The role of locking plates (LCP) in bicondylar tibial plateau fractures
          Jan Lindahl, MD
          Helsinki University Central Hospital, Finland

09.40     Tibial pilon fractures – The role of medial locking plate
          Jussi Elo, MD
          Tampere University Hospital, Finland
10.00  Coffee and technical exhibition

SESSION II – Ankle and foot
Chair: Heikki-Jussi Laine (Fin) and Gerolf Peicha (A)

10.30  The ankle joint - Importance of the syndesmosis complex and the Volkmann triangle
Gerolf Peicha, MD, H. Clement, MD, W. Grechenig, MD, W. Pichler, MD, O. Leithgöb, MD
Department of Traumatology, Medical University of Graz, Austria

10.50  The Tight rope system - A new device for fixation of injuries to the syndesmosis complex
Gerolf Peicha, MD, W. Grechenig, MD, H. Clement, MD, W. Pichler, MD, O. Leithgöb, MD
Department of Traumatology, Medical University of Graz, Austria

11.10  Foot and ankle trauma in diabetic patients
Heikki-Jussi Laine, MD
Tampere University Hospital, Finland

11.35  Updating the treatment of mid-foot injuries
Gerolf Peicha, MD
Department of Traumatology, Medical University of Graz, Austria

12.00  Lunch and technical exhibition

16.00  Discussion in groups I: Knee, ankle and foot

19.00  Dinner

Tuesday, January 23, 2007

07.30  Breakfast

SESSION III – Spine, pelvis and lower extremity
Chair: Eero Hirvensalo (Fin) and Wolfgang Grechenig (A)

08.30  Thoracolumbar fractures in patients with ankylosing spondylitis
Marko Neva, MD
Tampere University Hospital, Finland

08.50  Intrapelvic approach in pelvic fractures
Eero Hirvensalo, MD
Helsinki University Central Hospital, Finland

09.10  The role of angiographic embolization in bleeding pelvic fractures
Jan Lindahl, MD
Helsinki University Central Hospital, Finland
09.30  Augmentation of the medial cortex in unstable intertrochanteric femoral fractures:
Experiences of a new technique
Martin Weckman, MD
Jorvi Hospital, Finland

09.45  PFNA - Complications in a first series of 250 patients
Wolfgang Grechenig, MD, H. Clement, MD, W. Pichler, MD, G. Peicha, MD
Department of Traumatology, Medical University of Graz, Austria

10.00  Coffee and technical exhibition

SESSION IV – Upper extremity and wrist
Chair: Jarkko Vasenius (Fin) and Wolfgang Grechenig (A)

10.30  Special features of open fractures of the upper extremity
Ville Alanen, MD
Helsinki University Central Hospital, Finland

10.50  Denervation of the wrist
Wolfgang Grechenig, MD, N.P. Tesch, MD, W. Pichler, MD, G. Peicha, MD
Department of Traumatology, Medical University of Graz, Austria

11.10  Anatomy of the distal radius and its importance for volar plate osteosynthesis
Wolfgang Grechenig, MD, N.P. Tesch, MD, W. Pichler, MD, H. Clement, MD,
G. Peicha, MD
Department of Traumatology and Anatomic Institute, Medical University of Graz, Austria

11.30  Ultrasound as a simple method of investigation in postoperative lesions of
EPL-tendon following ORIF of distal radius fractures
Wolfgang Grechenig, MD, H. Clement, MD, K. Tanzer, MD, G. Peicha, MD
Department of Traumatology, Medical University of Graz, Austria

11.45  Conservative treatment of scaphoid fractures
Leena Raudasoja, MD
Helsinki University Central Hospital, Finland

12.00  Lunch and technical exhibition

16.00  Workshops (Ankle / Wrist)

19.00  Dinner

Wednesday, January 24, 2007

07.30  Breakfast
SESSION V – Shoulder and upper extremity
Chair: Juha Kalske (Fin) and Wolfgang Grechenig (A)

08.30 Displaced midshaft clavicular fractures - A review of literature
Wolfgang Grechenig, MD, G. Peicha, MD, H. Clement, MD, W. Pichler, MD
Department of Traumatology, Medical University of Graz, Austria

08.50 Arthroscopic treatment of stiff shoulder
Harri Heliö, MD
Diacor Hospital, Helsinki, Finland

09.10 Various anatomy of the humeral shaft and its implications on surgery
Wolfgang Grechenig, MD, N.P. Tesch, MD, W. Pichler, MD, G. Peicha, MD
Department of Traumatology, Medical University of Graz, Austria

09.30 Complications in proximal humeral fractures treated by LCP or PHP
Wolfgang Grechenig, MD, G. Peicha, MD, H. Clement, MD, W. Pichler, MD
Department of Traumatology, Medical University of Graz, Austria

09.50 Recurrent hypoglycemic convulsive seizures and shoulder dislocations. Operative management of huge bone defects a.m. Sinatra
Jyrki Halinen MD
Jorvi Hospital, Finland

10.05 Coffee and technical exhibition

SESSION VI – Hand
Chair: Ville Alanen (Fin) and Hans Clement (A)

10.35 Fractures of the base of the thumb
Jarkko Vasenius, MD
Helsinki University Central Hospital, Finland

10.55 Intra-articular fractures of the digits
Ville Alanen, MD
Helsinki University Central Hospital, Finland

11.15 Skier’s thumb – early and late repair
Jarkko Vasenius, MD
Helsinki University Central Hospital, Finland

11.35 VAC-Instill: A new variation of vacuum assisted wound closure for joint and small part infection - First experiences
Hans Clement, MD, G. Peicha, MD, K. Tanzer, MD
Department of Traumatology, Medical University of Graz, Austria

11.50 Discussion

12.00 Lunch and technical exhibition
16.00 Workshops (Shoulder and knee)

19.00 Dinner

Thursday, January 25, 2007

07.30 Breakfast

SESSION VII – Sports medicine / Arthroscopy
Chair: Eero Hirvensalo (Fin) and Jouni Heikkilä (Fin)

08.30 Treatment of cruciate injuries of adolescents
Tapio Kallio, MD
Diacor Hospital, Helsinki, Finland

08.50 Peroneal tendon ruptures
Jouni Heikkilä, MD, Sakari Orava, MD
Hospital Mehiläinen, Turku, Finland

09.10 Late reconstruction of Achilles tendon injuries
Ilkka Tulikoura, MD
Helsinki University Central Hospital, Finland

09.35 Bioactive glass in orthopaedic and trauma surgery
Jouni Heikkilä¹, MD, Nina Lindfors², MD, Allan Aho³, MD
¹Hospital Mehiläinen, Turku, Finland, ²Helsinki University Central Hospital, Finland and ³University of Turku

10.00 Coffee and technical exhibition

SESSION VIII – Special issues on treatment of osteoarthritis
Chair: Mikko Manninen (Fin) and Juha Kalske (Fin)

10.30 Surgical treatment of osteoarthritis of the hand
Jarkko Vasenius, MD
Helsinki University Central Hospital, Finland

10.50 Femoro-Aacetabular Impingement (FAI): an early sign of osteoarthritis of the hip?
Juha Kalske, MD
Jorvi Hospital, Finland

11.10 Ganz osteotomy of the dysplastic hip - Experiences in Helsinki
Eero Hirvensalo, MD
Helsinki University Central Hospital, Finland
11.30  What do we know about resurfacing arthroplasty of the hip?
Mikko Manninen, MD
Helsinki University Central Hospital, Finland

11.50  Morsellised bone allograft should be washed with pulse lavage before use
Martti Hirn, MD
Tampere University Hospital, Finland

12.00  Lunch and technical exhibition

16.00  Discussion in groups II: Wrist, hand, lower extremity

19.00  Dinner

Friday, January 26, 2007

07.30  Breakfast

SESSION IX – Case presentations
Chair: Jyrki Halinen (Fin)

08.30  Upper extremity

09.45  Coffee and technical exhibition

SESSION X – Case presentations
Chair: Jouni Heikkilä (Fin)

10.15  Lower extremity

11.00  END OF MEETING

Correspondence:
Jan Lindahl, M.D.
Department of Orthopaedics and Traumatology
Helsinki University Central Hospital
Topeliuksenkatu 5
FIN 00260 Helsinki, Finland
E-mail: jan.lindahl@hus.fi
Mobile +358504270036 (Hospital), +358405440903