XVII Finnish-Austrian Orthopaedic Trauma Course

January 27 – February 1, 2013
Congress Center, Hotel Montana, Oberlech, Austria

Finnish Orthopaedic Association
Finnish Trauma Association
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Program chairs:
Jan Lindahl, MD and Wolfgang Grechenig, MD

Faculty:

Bore Bakota, MD, General Hospital Karlovac, University of Rijeka, Croatia
Alexej Barg, MD, University Hospital of Basel, Basel, Switzerland
Karl P. Benedetto, Prim. Univ.-Prof. Dr., Academic Hospital Feldkirch, Feldkirch, Austria
Matej Cimerman, MD, Ass.Prof., University Medical Centre Ljubljana, Ljubljana, Slovenia
Wolfgang Grechenig, MD, Prof., Unfallkrankenhaus der AUVA, Graz, Austria
Kim Jansson, MD, Helsinki University Central Hospital, Helsinki, Finland
Jouni Heikkilä, MD, Hospital Mehiläinen, Turku, Finland
Mikko Heinänen, MD, Helsinki University Central Hospital, Helsinki, Finland
Eero Hirvensalo, MD, Helsinki University Central Hospital, Helsinki, Finland
Juha Kalske, MD, HUCH, Jorvi Hospital, Espoo, Finland
Veikko Kiljunen, MD, Helsinki University Central Hospital, Helsinki, Finland
Kati Kyrölä, MD, Central Finland Central Hospital, Jyväskylä, Finland
Jan Lindahl, MD, Helsinki University Central Hospital, Helsinki, Finland
Mikko Manninen, MD, Kymenlaakson keskussairaalta, Kotka, Finland
Oliver Michelsson, MD, HUCH, Peijas Hospital, Vantaa, Finland
Teemu Paatela, MD, HUCH, Peijas Hospital, Vantaa, Finland
Harri Pakarinen, MD, Oulu University Hospital, Oulu, Finland
Markus Parkkinen, MD, Helsinki University Central Hospital, Helsinki, Finland
Savola Olli, MD, University Hospital Oulu, Oulu, Finland
Franz-Josef Seibert, MD, Prof., University Clinic of Traumatology, Graz, Austria
Mario Staresinic, MD, Surgery Clinic, University Hospital Merkur, Zagreb, Croatia
Erkki Tukiainen, MD, Prof., Helsinki University Central Hospital, Helsinki, Finland
Jarkko Vasenius, MD, Oma sairaala, Hand Surgery and Therapy, Helsinki, Finland
Kaisa Virtanen, MD, Helsinki University Central Hospital, Helsinki, Finland
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Organizing committee:

Jan Lindahl, MD, Chairman
Wolfgang Grechenig, MD, Prof.
Juha Kalske, MD
Mikko Manninen, MD
Vesa Hamunen

Sunday, January 27, 2013

12.00   Registration

18.00   OPENING SEREMONY

18.00   Welcome
Jan Lindahl, MD
Chairman

18.10   Welcome and introduction to Oberlech
Patrick Ortlieb
Olympic gold medalist and World champion in Downhill skiing

18.20   Program details
Juha Kalske, MD

19.00   Dinner
Monday, January 28, 2013

08.00  SESSION I – Shoulder and upper extremity
Chairmen: Wolfgang Grechenig, MD and Jarkko Vasenius, MD

08.00  Surgical treatment of chronic AC-joint dislocation
Kaisa Virtanen, MD, Ville Remes, MD, Jarkko Pajarinen, MD, Vesa Savolainen, MD, Jan-Magnus Björkenheim, MD, Mika Paavola, MD
Helsinki University Central Hospital, Helsinki, Finland

08.20  Humerus shaft fracture treatment
Wolfgang Grechenig, MD, Prof.
Unfallkranenkhaus der AUVA, Graz, Austria

08.40  Preliminary results with the Arthrex distal biceps tendon kit – Report of 18 repairs
Franz-Josef Seibert, MD, Prof.
University Clinic of Traumatology, Graz, Austria

09.00  Elbow – Anatomy and surgical exposures
Wolfgang Grechenig, MD, Prof.
Unfallkranenkhaus der AUVA, Graz, Austria

09.20  Collagenase Clostridium Histolyticum (CCH) in the treatment of Dupuytren’s contracture
Jarkko Vasenius, MD
Oma sairaala, Hand Surgery and Therapy, Helsinki, Finland

09.40  Coffee and technical exhibition

10.00  SESSION II – Knee
Chairmen: Jan Lindahl, MD and Wolfgang Grechenig, MD

10.00  Tibia lateral condyle fractures – do we need arthroscopy?
Markus Parkkinen, MD, Rami Madanat, MD, Tatu Mäkinen, MD, Antti Mustonen, MD, Seppo Koskinen, MD, Jan Lindahl, MD
Helsinki University Central Hospital, Helsinki, Finland

10.20  Preoperative planning of proximal tibia fractures
Matej Cimerman, MD, Ass.Prof.
University Medical Centre Ljubljana, Ljubljana, Slovenia

10.45  Tibia medial condyle fractures
Markus Parkkinen, MD, Tatu Mäkinen, MD, Rami Madanat, MD, Antti Mustonen, MD, Seppo Koskinen, MD, Jan Lindahl, MD
Helsinki University Central Hospital, Helsinki, Finland

11.05  MIPO – how to check the reduction?
Wolfgang Grechenig, MD, Prof.
Unfallkranenkhaus der AUVA, Graz, Austria
11.30 Discussion
Faculty

12.00 Lunch and technical exhibition

16.00 Discussion in groups (case presentations) I:
Group I: Humerus fractures
Group II: Tibial plateau fractures
Group III: MIPO

19.00 Dinner

Tuesday, January 29, 2013

08.00 SESSION III – Ankle Fractures
Chairmen: Franz-Josef Seibert, MD and Veikko Kiljunen, MD

08.00 Surgical anatomy and biomechanics of the ankle
Veikko Kiljunen, MD, Wolfgang Grechenig, MD, Prof.
Helsinki University Central Hospital, Helsinki, Finland
Unfallkrankenhaus der AUVA, Graz, Austria

08.20 Patient injuries in the treatment of ankle fractures in Finland
Eero Hirvensalo, MD
Helsinki University Central Hospital, Helsinki, Finland

08.35 Treatment of ankle fracture requires only stability to restore alignment or alignment to restore stability - Do we actually know what to do?
Harri Pakarinen, MD
Oulu University Hospital, Oulu, Finland

09.10 CT-control after syndesmotic screws - what do we see - why it is important ?
Franz-Josef Seibert, MD, Prof.
University Clinic of Traumatology, Graz, Austria

09.30 Many methods to treat syndesmosis injury - Is any of them above the others?
Olli Savola, MD
Oulu University Hospital, Oulu, Finland

09.55 Coffee and technical exhibition

10.15 SESSION IV – Foot
Chairmen: Oliver Michelsson, MD and Mikko Heinänen, MD

10.15 Rheumatoid forefoot
Oliver Michelsson, MD
HUCH, Peijas Hospital, Vantaa, Finland
10.35  Outcome after total ankle replacement  
*Alexej Barg, MD*  
University Hospital of Basel, Basel, Switzerland

11.00  My technique for tibiotalar arthrodesis with loss of bone  
*Oliver Michelsson, MD*  
HUCH, Peijas Hospital, Vantaa, Finland

11.20  Posttraumatic medial ankle instability  
*Alexej Barg, MD*  
University Hospital of Basel, Basel, Switzerland

11.45  Discussion  
Faculty

12.00  Lunch and technical exhibition

16.00  Discussion in groups (Case presentations) II:  
Group I: Ankle fractures  
Group II: Foot injuries and posttraumatic problems

19.00  Dinner

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**Wednesday, January 30, 2013**

08.00  SESSION V – Complex injuries I  
Chairmen: Erkki Tukiainen, MD and Bore Bakota, MD

08.00  Injured limb - Amputation or salvage?  
*Bore Bakota, MD*  
General Hospital Karlovac, University of Rijeka, Croatia

08.25  Orthoplastic amputation of the lower leg  
*Erkki Tukiainen, MD, Prof.*  
Helsinki University Central Hospital, Helsinki, Finland

08.45  Negative pressure wound therapy after acute lower extremity trauma  
*Bore Bakota, MD*  
General Hospital Karlovac, University of Rijeka, Croatia

09.05  Thoracolumbar fractures - The effect of age, degeneration and osteoporosis on the fixation method  
*Kati Kyrölä, MD*  
Central Finland Central Hospital, Jyväskylä, Finland

09.25  Coffee and technical exhibition
09.45 SESSION VI – Complex injuries II  
Chairmen: Matej Cimerman, MD and Eero Hirvensalo, MD

09.45 Preoperative planning of pelvic and acetabular surgery  
Matej Cimerman, MD, Ass.Prof.  
University Medical Centre Ljubljana, Ljubljana, Slovenia

10.05 Sacral fractures  
Jan Lindahl, MD  
Helsinki University Central Hospital, Helsinki, Finland

10.25 Acetabular fractures  
Veikko Kiljunen, MD, Eero Hirvensalo, MD, Jan Lindahl, MD  
Helsinki University Central Hospital, Helsinki, Finland

10.50 Knee dislocation  
Jan Lindahl, MD  
Helsinki University Central Hospital, Helsinki, Finland

11.15 Distal clavicular osteolysis - operative treatment and comparison of two subgroups  
Jouni Heikkilä, MD  
Hospital Mehiläinen, Turku, Finland

11.30 Group picture

11.40 “Round table” discussion  
Faculty

12.00 Lunch and technical exhibition

16.00 Discussion in groups (Case presentations) III:  
Group I: Pelvis  
Group II: Lower extremity trauma  
Group III: Complications

19.00 Dinner

Thursday, January 31, 2013

08.00 SESSION VII – Hip and Knee  
Chairmen: Mikko Heinänen, MD and Mario Staresinic, MD

08.00 Groin pain in athletes – modern perspective  
Mario Staresinic, MD  
Surgery Clinic, University Hospital Merkur, Zagreb, Croatia

08.20 Hamstring injuries
Mikko Heinänen, MD
Helsinki University Central Hospital, Helsinki, Finland

08.40  FAI update
Juha Kalske, MD
HUCH, Jorvi Hospital, Espoo, Finland

09.00  Total hip arthroplasty - choice of implant
Mikko Manninen, MD
Kymenlaakson keskussairaala, Kotka, Finland

09.20  Treatment options in tibia plateau fractures
Karl P. Benedetto, MD, Prof.
Academic Hospital Feldkirch, Feldkirch, Austria

09.40  Coffee and technical exhibition

10.00  SESSION VIII – Sports injuries
Chairmen: Karl P. Benedetto, MD and Juha Kalske, MD

10.00  Jones fracture – surgical treatment
Mario Staresinic, MD
Surgery Clinic, University Hospital Merkur, Zagreb, Croatia

10.15  Prevention of skiing injuries in World Cup
Eero Hyvärinen, MD
Dextra Hospital, Helsinki, Finland

10.35  Why ACL reconstruction fails?
Kim Jansson, MD
HUCH, Jorvi Hospital, Espoo, Finland

10.55  ACL revision reconstruction and combined osteotomy
Karl P. Benedetto, MD, Prof.
Academic Hospital Feldkirch, Feldkirch, Austria

11.15  Managing traumatic joint lesions – indications and options for cartilage repair
Teemu Paatela, MD
HUCH, Jorvi Hospital, Espoo, Finland

11.35  Cases
Faculty

12.00  Lunch and technical exhibition

16.00  Discussion in groups (Case presentations) IV:
Group I: Hip joint
Group II: Sports injuries
Group III: ACL
19.00  Dinner

Friday, February 1, 2013

08.00  SESSION IX – Free papers – Upper extremity  
Chairmen: Mikko Manninen, MD and Jan Lindahl, MD

09.30  Coffee and technical exhibition

09.50  SESSION X – Free papers – Lower extremity  
Chairmen: Eero Hirvensalo, MD and Juha Kalske, MD

12.00  END OF COURSE